

Individuals with Diabetes Needed to Participate in Study

We are seeking individuals over the age of 18 who have been diagnosed with diabetes to participate in a study on better understanding treatment adherence in individuals with diabetes by responding to questionnaires about emotions such as anxiety and depression, thoughts related to engaging in treatment activities, and adherence to treatment activities.

This study was approved by the University of Regina's Research Ethics Board and the Regina Qu'Appelle Health Region Research Ethics Board.

Am I Eligible to Participate?

You are eligible to participate if you are over the age of 18 and have a diagnosis of Type I or Type II diabetes.

What Will I Be Asked to Do?

- The questionnaires are available for completion either online or in paper format. The survey is voluntary and confidential and will take approximately 1 hour to complete.
- After the initial questionnaire completion, you will be contacted two additional times via email, mail, or phone to respond to a brief 13-item questionnaire that will take approximately 5 minutes to complete once at 7 days and another at 14 days after the initial completion of questionnaires.
- As a thank you for your participation, \$1 for every participant who completes the questionnaires all 3 times will be donated to the Canadian Diabetes Association.

How can I find out more?

If you would like further information about this study, contact Amy Janzen at:

Tel: 306-585-5369 or e-mail: janzen2j@uregina.ca.

I am Interested in Participating, How Do I Get Involved?

Please contact Amy Janzen to participate or if you have any questions at:

janzen2j@uregina.ca or Tel: 306-585-5369

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